



May 2010

Cape Coral Charter School



4-12 TRADITIONAL

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>TERIYAKI GLAZED CHICKEN W/ FRIED RICE</p> <p>Peas & Carrots Soft Breadstick Grape Juice Bar Sugar Cookie</p>	<p>4</p> <p>SALISBURY STEAK WITH GRAVY</p> <p>Mashed Potatoes Pineapple Cup Wheat Bread</p>	<p>5</p> <p>TOASTED HAM & CHEESE ON WHEAT BREAD</p> <p>Fiesta Corn Mixed Fruit Cup PopCorners</p>	<p>6</p> <p>RIB-B-QUE</p> <p>Potato Rounds Fresh Banana^ Cheddar Goldfish Crackers</p>	<p>7</p> <p>PIZZA DIPPERS Marinara Dipping Sauce</p> <p>Tossed Salad Fresh Orange^ Chocolate Chip Cookie</p>
<p>10</p> <p>CHICKEN TENDERS</p> <p>Baked Beans Cherry Juice Bar Corn Muffin</p>	<p>11</p> <p>PENNE PASTA W/MEAT SAUCE</p> <p>Garden Vegetables Applesauce Garlic Bread</p>	<p>12</p> <p>BREADED CHICKEN FILLET</p> <p>Whole Kernel Corn Chilled Peaches Chocolate Chip Cookie</p>	<p>13</p> <p>CHEESEBURGER</p> <p>French Fries Fresh Apple^ Sugar Cookie</p>	<p>14</p> <p>CHEESE PIZZA</p> <p>Fresh Baby Carrots Fresh Orange^ Double Fudge Cookie</p>
<p>17</p> <p>MINI CORN DOGS W/POTATO FUN SHAPES</p> <p>Frozen Juice Bar Apple Waffle Snap Crackers</p>	<p>18</p> <p>CHICKEN DIPPERS W/TOMATO PARMESAN SAUCE</p> <p>Pineapple Cup Corn Muffin</p>	<p>19</p> <p>PATTY MELT SANDWICH</p> <p>Garden Green Peas Applesauce Cool Ranch Doritos</p>	<p>20</p> <p>GRILLED CHICKEN PATTY W/ BBQ SAUCE</p> <p>Mashed Potatoes Fresh Banana^ Goldfish Crackers</p>	<p>21</p> <p>PEPPERONI PISA PIZZA</p> <p>Tossed Salad Fresh Apple^ Double Fudge Cookie</p>
<p>24</p> <p>CHICKEN TENDERS W/ POTATO WEDGES</p> <p>Cherry Juice Bar Corn Muffin</p>	<p>25</p> <p>HAMBURGER</p> <p>Corn Mixed Fruit Cup Honey Wheat Pretzels (Multi Grain)</p>	<p>26</p> <p>TOASTED HAM & CHEESE ON WHEAT BREAD</p> <p>Garden Vegetables Cinnamon Applesauce Chocolate Chip Cookie</p>	<p>27</p> <p>SMOKED SAUSAGE WITH POTATO ROUNDS</p> <p>Fresh Pear^ Double Fudge Cookie</p>	<p>28</p> <p>PIZZA DIPPERS WITH POTATO WEDGES Marinara Dipping Sauce</p> <p>Fresh Baby Carrots Fresh Apple^ Star Cookies</p>
<p>31</p> <p>MEMORIAL DAY</p>				

***ALL MEALS SERVED WITH APPROPRIATE BUNS, CONDIMENTS AND A CHOICE OF MILK. *MENU SUBJECT TO CHANGE.



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BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
3 RICE KRISPIES Cinnamon Breakfast Square Orange Pineapple Juice	4 PANCAKE & TURKEY SAUSAGE ON A STICK Grape Juice	5 BLUEBERRY MUFFIN Orange Juice	6 CHEESE OMELET Honey Belly Bears Orange Pineapple Juice	7 MINI WHEATS LITTLE BITES (WHOLE GRAIN) Raisin Bran Muffin Apple Cranberry Juice
10 FROOT LOOPS (REDUCED SUGAR) Cinnamon Breakfast Square Grape Juice	11 CHICKEN BISCUIT Apple Cranberry Juice	12 TOTAL RAISIN BRAN (WHOLE GRAIN) Cinnamon Bun Superstix Grape Juice	13 BUTTERMILK WAFFLES Orange Pineapple Juice	14 BANANA MUFFIN Grape Juice
17 MAPLE EGGO CRUNCH (WHOLE GRAIN) Strawberry Pop Tart Grape Juice	18 PANCAKES Orange Pineapple Juice	19 MINI WHEATS LITTLE BITES (WHOLE GRAIN) Sliced Bagel Grape Juice	20 SAUSAGE PATTY ON A BISCUIT Orange Juice	21 CRISPIX Banana Muffin Grape Juice
24 TOTAL RAISIN BRAN (WHOLE GRAIN) Cinnamon Bun Superstix Grape Juice	25 TURKEY HAM & CHEESE ON ENGLISH MUFFIN Apple Cranberry Juice Strawberry Waffle Crackers	26 CINNAMON RAISIN BAGEL Grape Juice	27 CINNAMON SWIRL FRENCH TOAST Orange Pineapple Juice	28 BLUEBERRY MUFFIN Grape Juice
31 				

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